

Menu November 2023 - February 2024

		Week One 30th Oct, 20th Nov, 1st Jan, 22nd Jan	Week Two 6th Nov, 27th Nov, 8th Jan, 29th Jan	Week Three 4th Dec, 15th Jan, 5th Feb
		11th December Christmas Week (tbc)		
Monday	Option 1	Cheesy Pasta	Pizza Pinwheel	Home-made Pizza
	Option 2	Tomato Pasta	Pasta Provencale	Vegetable Pasta Bake
	served with	Garlic Flatbread Sweetcorn & Green Beans	Wedges Baked Beans & Peas	1/2 Jacket Potato Peas & Baked Beans
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
Dessert		Frozen Dessert Fresh Fruit/Jelly	Frozen Dessert Fresh Fruit/Jelly	Frozen Dessert Fresh Fruit/Jelly
Tuesday	Option 1	Chicken & Cheese Quesadillas	Chicken Pie & Gravy	Breaded Chicken Steak
	Option 2	*Mexican Bean Wrap	Veggie Pie & Gravy	*Cheese Puff
	served with	Rice Carrots & Peas	Creamed Potatoes Broccoli & Mixed Veg	Herby Diced Potatoes Mixed Salad
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
Dessert		Chocolate Cake & Chocolate Sauce Fresh Fruit/Jelly	Marble Sponge & Custard Fresh Fruit/Jelly	Syrup Sponge & Vanilla Sauce Fresh Fruit/Jelly
Wednesday	Option 1	Roast Chicken with Stuffing	Sausages with Yorkshire Pud & Gravy	Roast Pork
	Option 2	Winter Vegetable & Potato Bake	Quorn Sausage with yorkshire pud	*Veggie Meatloaf & Gravy
	served with	Roast Potatoes Local Seasonal Vegetables & Cooks Choice	Roast Potatoes Diced Carrots & Cooks Choice	Roast Potatoes Local Seasonal Vegetables & Cooks Choice
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
Dessert		Cookie Fresh Fruit/Jelly	Cookie Fresh Fruit/Jelly	Cookie Fresh Fruit/Jelly
Thursday	Option 1	Burger in a Bun	Bolognese	Meatball Sub
	Option 2	Quorn Sausage	Veggie Bolognese	Meatless Sub
	served with	Wedges Cucumber & Coleslaw	Pasta Sweetcorn & Broccoli	Cucumber & Peas
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
Dessert		Fruit Crumble & Custard Fresh Fruit/Jelly	Fruit Crumble & Custard Fresh Fruit/Jelly	Fruit Crumble & Custard Fresh Fruit/Jelly
Friday	Option 1	Fish Fingers	Fish Fingers	Fish Fingers
	Option 2	Veggie Nuggets	Veggie Nuggets	Veggie Nuggets
	served with	Chips/Pasta Baked Beans & Sweetcorn	Chips/Pasta Baked Beans & Peas	Chips/Pasta Baked Beans & Sweetcorn
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
Dessert		Cooks Choice of Dessert Fresh Fruit/Jelly	Cooks Choice of Dessert Fresh Fruit/Jelly	Cooks Choice of Dessert Fresh Fruit/Jelly
 Suitable for Vegetarians  Suitable for Vegans & Vegetarians  Contains Fish		<p>All items are subject to availability</p> <p>Bread , Salad and fresh drinking water are available with every meal</p> <p>All vegetarian dishes with * can be made suitable for vegans</p> <p>www.wholeschoolmeals.co.uk</p>		